

Westside Soccer Club

Micro (K/1st grade)

Game Guide for Coaches and Parents

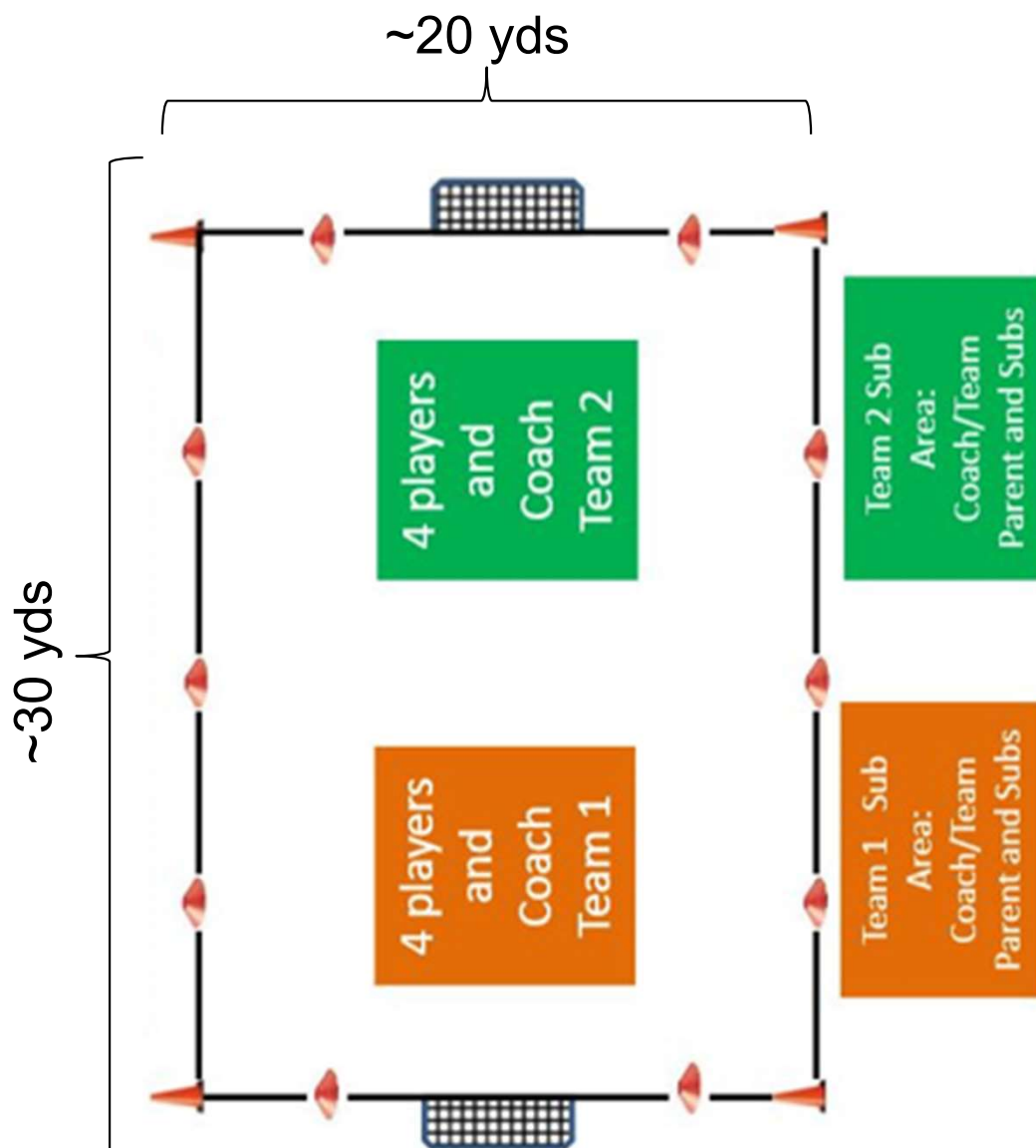
Spring

- All games are at Conestoga Middle School
- All games are Saturday afternoons starting between 1230pm and 230pm
- Field locations are below – all games will be on the turf field located on the east side of the school



K/1st Field Setup

- Field size is ~30x20yds
- Use existing sidelines and other field lines when possible
- Pugg Pop-up goals at each end
- Cones identifying corners
- Parents must remain in the designated Spectator Viewing area outside of the turf field
- Coach can be on the defensive side of field helping guide the players and acting as referee – minimize interference
- Field size can be extended as determined by the coaches



K/1st Game Rules

Game Rules

- (2) 20 minute halves with a quarter break at 10 min into each half
- 4v4 with no goalkeepers (teams can play 3v3 if teams don't have enough to play 4v4)
- Subs should stay with a coach on the sideline while not in the game
- Kickoffs start each half and after every goal (team scored on kicks off after goals)
- Goal kicks (place in front of Pugg ~6' – middle is okay) are awarded to the defensive team when the attacking team kicks the ball over the goal line
- Build out line on goal kicks – defensive team must remain behind midfield until the goal kick is taken
- Corner kicks (1st grade only) are awarded to the offensive team when the ball is kicked over the attacking goal line by the defense
- Out of bounds on the sideline are throw ins
- All free kicks (although rare) are indirect – kicker must pass the ball
- No goalkeepers – discourage players from standing in front of the goal
- Substitutions on any stoppage
- No Blow Outs allowed – make adjustments as needed (add player, balance teams on the field, encourage prolific scorers to play defense or pass, etc)
- Coaches are allowed on their defensive side of the field to help guide the team
- Coaches are the referees

Coach and Parent Conduct

- Coaches should encourage both teams, not just their own
- Parents must remain in the Spectator Viewing area unless a coach needs help tending to the parent's child (injury)
- Parents should cheer without directing children on the field
- Parents and Coaches lead by example with sportsmanship
- Coaches are responsible for the parents' behavior and are expected to take steps when a parent/spectator is acting unsportsmanlike
- Concerns with opposing parents should be handled via the opposing coach (through your coach) and not directly with the opposing parents
- Parents with concerns with an opposing coach should notify their coach to handle
- Most important is that the kids have fun and want to come back next season