Template for email to send to your team prior to the first practice:

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Hello Westside Soccer families –

My name is (your name) and I will be the head coach for your child’s recreational soccer team this season. Here is the basic information that you need to know to get started.

Our first practice is on (date) at (field name) and after that, practices will be held every (mon/tue/wed/thur/fri) at (time) at (field name). We will have a short introductory meeting at the first practice, so parents please come to the field for this meeting at the start of the first practice.

Games will be held every Saturday starting after Labor Day (fall) or Spring break (spring). The micros (K/1st grade) game schedule will be published about 1 week prior to the start of the season on the [Westside Micros Fall](http://westsidesoccerclub.com/programs/micros-k-1st-grade/fall) or [Westside Micros Spring](http://westsidesoccerclub.com/programs/micros-k-1st-grade/spring) page.

Uniforms (game shirts and socks) are provided by Westside and I will distribute ahead of the first games. You will need to provide other equipment needed for the season.

Players should bring a soccer ball, shin guards, soccer cleats, and water to every practice and game.

Team rosters can be viewed using the Demosphere app for either [iOS](https://apps.apple.com/us/app/demosphere-2-0/id6446284169)or [Android](https://play.google.com/store/apps/details?id=com.dii.demosphere.prod&hl=en_US&gl=US)devices. Use the same email and password that you used for the registration process. The Demosphere app is also used for communication between the coach and families.

If you are willing to help by being an assistant coach, please let me know and go to the [Westside Soccer Club | Coaches Information](http://westsidesoccerclub.com/coaches/coaches-information) website for instructions on how to sign up.

That’s all for now. Looking forward to a great season!

(Your name)